

The Rev. Sandra Casey-Martus

Moving with sincere gratitude from retirement to part time ministry as Assistant Dean, Sandra Casey-Martus+ looks forward once again to pursuing her joys of teaching, preaching, and leading contemplative prayer retreats. Sandy+ is no stranger to Maryland and prior to ordination worked in university campus ministry and taught theology at Stone Ridge Country Day School in Bethesda Maryland. Over her 24 years of full time ministry Sandy+ served parishes in Wyoming, California and Texas. An experienced practitioner of contemplative prayer Sandy+ founded and ran the Alta Retreat Center in Wyoming for ten years. During those years Sandy+ was an adjunct faculty member of the Seminary of the Southwest in Austin, Texas, and was the recipient of the Hal Brook Perry Award for Outstanding Alumni Service. She is a published author, and with Carla Mancari, established The Contemplative Invitation Teaching which introduced the practice of Christ Centered Prayer. Sandy+ holds a Bachelor of Science and Masters of Education from Springfield College in Massachusetts, a Masters of Theological Study from Oblate School of Theology in San Antonio, Texas, and a Certificate of Independent Theological Study from the Seminary of Southwest in Austin, Texas. Sandy+ is an avid tennis and pickle ball player, a responsible and devoted cat owner, and loves to cook! Sandy's publications (with the exception of "The Disciple's Consent") are co-authored with mentor Carla Mancari. Publications include: "The Lessons: How to Understand Spiritual Principles, Spiritual Activities, and Rising Emotions (Vol. 1-2, Second Edition), "Your Other Heart, The Best Kept Secret," "The Christ Centered Prayer, Revelation-The Straight Gate and Narrow Way," "The Disciple's Consent, When Jesus is the Guide" (Vol. 1-2), and are available through [AMAZON.com](https://www.amazon.com).